

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Guldentops Kevin

Coaches: Michiels Hans HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 50M BACKSTROKE MEN					Heat:3, starttime: 09:40	
Heat: 3/7 Lane : 3 Athlete: BOODTS GERBEN					Q-time: 00:28:24	
PB (25m pool): 28.24 Gent 10 Nov 2024					PB (50m pool): 29.15 SB:	
	2 5 M		5 0 M			
PB			28.24			
	28.24					
						

Coach feedback:

Event number: 18: 100M BACKSTROKE WOMEN				Heat:3, starttime: 09:50	
Heat: 3/6 Lane : 5 Athlete: VERLUYTEN LENI				Q-time: 01:06:53	
PB (25m pool): 1:06.53 Temse 18 May 2025				PB (50m pool): 1:07.58 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		32.16		1:06.53	
	32.16		34.37		
					

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN						Heat:4, starttime: 10:15		
Heat: 4/4 Lane : 3 Athlete: MICHIELS NORE						Q-time: 02:02:20		
PB (25m pool): 2:02.14 Sint-Amandsberg 19 Oct 2025						PB (50m pool): 2:02.23 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		27.94		58.61		1:30.10		2:02.14
	27.94		30.67		31.49		32.4	
								

Coach feedback: